FOR WORKERS WHO VISIT HOMES

PREVENTION BASICS

• Practice self care, personal hygiene and social distancing
• Stay home when sick
• Wash hands frequently and for at least 20 seconds
• Cover coughs and sneezes (into the crook of your arm or elbow)
• Quickly dispose of tissues in the trash.

BEFORE: ASSESS THE SITUATION

At the time of scheduling a visit to a home, assess the situation by asking these questions:

1. Has anyone in the home traveled within the last 14 days to/from a state or country identified as a hot spot?
2. Has anyone in the home been exposed to an individual diagnosed with COVID-19?
3. Is anyone in the home showing signs of illness including:
   • A fever greater than 100 degrees;
   • Cough; and/or
   • Shortness of breath.

If the answer to any of these questions is YES or the occupant(s) prefers not to have a worker in their home, the visit should be rescheduled or, if possible, conducted virtually. (As a general rule, reschedule the visit for no earlier than 14 days).

AT THE HOME: REASSESS RISK

When arriving, reassess risk by asking the same questions before entering. If the answer to any question is YES, act as directed above.

During the visit:
• Don’t shake hands or touch others when greeting or interacting.
• Wash your hands frequently and use hand sanitizer when soap and water isn’t available.
• Limit unnecessary contact with surfaces/items and avoid shared use of tablets, laptops, writing utensils and cell phones. Regularly wipe down all items.
• Follow the current COVID-19 guidance to protect yourself and those you come in contact with.

What’s the difference in symptoms between COVID-19, flu, colds and allergies?

For more information: www.kdheks.gov/coronavirus