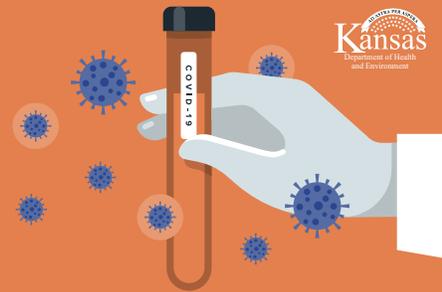


COVID-19 TESTING GUIDANCE



WHO SHOULD GET TESTED?

KDHE recommends the following people should get tested for COVID-19:

- **Adults or Children who have symptoms of COVID-19.**
 - COVID-19 symptoms can be mild, such as sinus congestion and a runny nose, or more severe, such as a fever, cough, and shortness of breath. Anyone – vaccinated or not - who has symptoms of COVID-19, regardless of how mild, should get tested.
- **People without symptoms of COVID-19, regardless of vaccination status such as:**
 - Anyone who has had [close contact](#) with someone with probable or confirmed COVID-19 (including a person who attended an event identified as a cluster because multiple people at the event developed COVID-19).
 - Anyone who has taken part in activities that put them at higher risk for COVID-19, such as attending large social or mass gatherings, or being in crowded indoor settings.
 - Anyone who needs a COVID-19 test for travel or in order to attend an event
 - Anyone who provides direct care to those at risk for infection (children under age 12, adults over age 65, and people who are immunocompromised or otherwise at risk for serious illness, hospitalization, or death).
 - People who live or work in congregate settings such as long-term care facilities or correctional facilities, or anyone who visits residents of these congregate settings.
 - People whose schools or workplaces have an on-site testing program.
 - People who have been asked or referred to get testing by their school, workplace, healthcare provider, or state, tribal, local, or territorial health department.
 - People who have COVID-19 can spread it to others even if they don't have symptoms. Get tested periodically, even if you don't have symptoms or a known exposure.

WHAT ARE THE SYMPTOMS?

- Fever or chills
- Cough
- Sore throat
- Shortness of breath or difficulty breathing
- New loss of taste or smell
- Muscle or body aches
- Fatigue
- Headache
- Congestion or runny nose
- Nausea, vomiting, or diarrhea

ADDITIONAL TESTING INFORMATION

- Children under age 12 are not yet eligible to be vaccinated and remain at risk for contracting COVID-19. Even children with mild COVID symptoms of COVID may be able to spread the virus to others. If your child has mild symptoms, has been in close contact with someone with COVID-19, or has attended a camp or an event where others have been diagnosed with COVID-19, your child should be tested.
- Two types of COVID-19 test are available for FREE at [Testing Sites](#) across the state of Kansas: antigen (simple nasal swab), and PCR (saliva sample or nasal swab).
- KDHE offers a free [Business Surveillance Testing](#) program to support employers who choose to test their employees for surveillance to rapidly identify employees with COVID-19 to help keep the workforce healthy and businesses open for business!
- KDHE is working with schools to provide testing options to keep students healthy and in school. For more information, visit the KDHE website [School-based Testing](#) page.