

SCHOOL RECOMMENDATIONS

Fall 2021 | CDC & KDHE



Keeping students, teachers, and school staff in the classroom and protected from COVID-19



VACCINATION

- Vaccination is the best way to end the COVID-19 pandemic.
- Everyone ages 12 and older is eligible for COVID-19 vaccination.
- If your child is fully vaccinated, they will not need to quarantine after a COVID-19 exposure as long as they remain symptom-free. This means that they can remain in-person at school. Those who are not vaccinated and are exposed to COVID-19 will need to quarantine until they meet [criteria to be released from quarantine](#). Please check with your school or local health department for further details.
- If your child is not vaccinated yet, check with your school or local health department to see where vaccination clinics are scheduled!
- If your child is not old enough to be vaccinated, please make sure they follow the recommendations below and that those in your household eligible for vaccination have received one.



MASKING

- Masks are recommended for everyone inside of K-12 schools regardless of vaccination status.
- Masks should be worn by all individuals (age 2 and older) on all forms of public transportation including school buses regardless of vaccination status.



TESTING

- Testing allows public health to stop the spread of COVID-19 as quickly as possible.
- Check with your school on whether they have a testing strategy and, if so, how it works.
- As part of a testing strategy, your school might consider regularly testing individuals at high risk for COVID-19, such as those participating in contact sports or activities like choir and/or those with a known exposure to a positive case.
- The good news is COVID-19 tests are new and improved:
 - They take about 15-20 minutes with results known then!
 - Collecting samples is a simple nasal swab that can be collected by your child or school personnel.



SYMPTOMS

- Know the symptoms of COVID-19, as the disease may present differently than in [adults](#). [Children and adolescents](#) tend to have more mild, non-specific symptoms like a headache or sore throat.



HYGIENE

- Wash hands with soap and warm water for at least 20 seconds frequently throughout the day.
- If you don't have soap and water, use hand sanitizer that contains at least 60% alcohol.
- Sanitize your child's backpacks and personal items at the beginning and end of each day.
- Cover coughs and sneezes with a tissue.
- Throw used tissues in the trash and wash hands immediately with soap and water for at least 20 seconds.



DISTANCING

- Schools are asked to maintain 3 feet of physical distance between students while in the classroom setting; all other areas of the school should maintain 6 feet distance particularly when in indoor settings where masks cannot be worn, in common areas, and during activities such as singing, shouting, band, or sports.