What to Do If You Test Positive for COVID-19

Stay Home
from work, school & other public places.

Monitor Symptoms
carefully. If your symptoms get worse, call your healthcare provider immediately.

Wash Hands
with soap & water for at least 20 seconds or clean your hands with an alcohol-based hand sanitizer that contains at least 60% alcohol.

For Medical Emergencies
call 911 & notify dispatch that you have COVID-19.

Avoid Others
in your home. If you need to be around other people in or outside of the home, wear a mask.

Call Your Healthcare Provider
ahead of any medical appointments & let them know you have COVID-19.

Rest
& stay hydrated.

Clean Surfaces
Clean surfaces with an EPA registered disinfectant that kills the SARS-CoV-2 virus.

Avoid Sharing Personal Items
& common spaces with other people in your household like dishes, towels, bedding and spaces like bathrooms and kitchens.

Make Sure You Have the Supplies You Need
Arrange for an appropriate caregiver and make sure to avoid direct contact.

If you have questions, contact your healthcare provider or local health department.