

WHAT TO DO IF YOU TEST POSITIVE FOR COVID=19



STAY HOME from work, school & other public places.



MONITOR SYMPTOMS carefully. If your symptoms get

carefully. If your symptoms get worse, call your healthcare provider immediately.



WASH HANDS

with soap & water for at least 20 seconds or clean your hands with an alcohol-based hand sanitizer that contains at least 60% alcohol.



FOR MEDICAL EMERGENCIES

call 911 & notify dispatch that you have COVID-19.



AVOID OTHERS

in your home. If you need to be around other people in or outside of the home, wear a mask.



CALL YOUR HEALTHCARE PROVIDER

ahead of any medical appointments & let them know you have COVID-19.



REST& stay hydrated.



CLEAN SURFACES

Clean surfaces with an EPA registered disinfectant that kills the SARS-CoV-2 virus.



AVOID SHARING PERSONAL ITEMS

& common spaces with other people in your household like dishes, towels, bedding and spaces like bathrooms and kitchens.



MAKE SURE YOU HAVE THE SUPPLIES YOU NEED

Arrange for an appropriate caregiver and make sure to avoid direct contact.

