

Kansas Crisis Services: Hotlines & Helplines

May 7, 2020

COVID-19 Hotlines

- [Kansas Department of Health and Environment's COVID-19 Resource Center](#) has detailed information and data related to COVID-19 in Kansas. The KDHE Hotline 866-534-3463 (866-KDHEINF) is available Monday through Friday from 8:30 to 5:30, Saturday from 10:00 to 2:00, and Sunday from 1:00 to 5:00.
- [SAMHSA's Disaster Distress Hotline](#) provides 24/7, 365-day-a-year crisis counseling and support to people experiencing emotional distress related to natural or human-caused disasters, including infectious disease outbreaks. Call 1-800-985-5990 or text TalkWithUs to 66746. For Spanish speakers, call 1-800-985-5990 and press 2 or text Hablanos to 66746.

Crisis Helplines

- [National Suicide Prevention Lifeline](#) provides 24/7, free and confidential support for people in distress, prevention, and crisis resources for you or your loved ones, and best practices for professionals. Call 1-800-273-8255 or 1-888-628-9454 for Spanish.
- [Crisis Text Line](#) is a free, 24/7, confidential text message service for people in crisis. To reach a crisis counselor, text *Kansas* to 741741.
- [Veterans Crisis Line](#) offers 24/7, confidential support to veterans, service members, National Guard and Reserve members, and their family members and friends. Call 1-800-273-8255 and Press 1 or send a text to 838255.
- [Agriculture Stress Concern Hotline](#) 1-800-447-1985 is a free, 24/7 support line available to Kansas farmers, ranchers, and their families. Resources are available to help with stress management, financial and legal challenges, and natural disaster recovery.
- [Kansas Crisis Hotline](#) 1-888-END-ABUSE provides confidential support 24/7 to victims of domestic violence, sexual assault, and stalking.
- [National Domestic Violence Hotline](#) 1-800-799-7233 advocates are available 24/7 to talk confidentially with anyone experiencing domestic violence, seeking resource or information, or questioning unhealthy aspects of their relationship. If you are unable to speak safely, you can log onto thehotline.org or text *LOVEIS* to 22522.
- [National Sexual Assault Hotline](#) offers confidential, anonymous support 24/7 to individuals who are experiencing or have experienced sexual assault. Call 1-800-656-HOPE or chat online at online.rainn.org.
- [Kansas Community Mental Health Centers](#) (CMHCs) offer crisis services 24/7. Contact the CMHC for your county to access crisis services.

Other Resources & Support Lines

- The [Parent Helpline](#) 1-800-CHILDREN is a free, anonymous information and referral service for Kansans. Helpline staff can provide support with parenting skills, child development, behavior management, mental health, legal concerns, and provide information about available programs and services for free.
- [United Way's 2-1-1 of Kansas](#) can help residents locate local resources they need. You can use their searchable database available on their website or call 2-1-1 or 888-413-4327. The most common searches include food assistance, utility assistance, rent assistance, health insurance information/counseling, and homeless shelters.
- [Problem Gambling Helpline](#) 1-800-522-4700 is a free, 24/7 support with professionals available to take your call.
- If you or someone you know is struggling with addiction, contact the [Kansas Substance Use Treatment Referral Line](#) at 1-866-645-8216 and select option 2. Referral Line staff can help identify substance use treatment providers in your area as well as complete assessments for treatment.
- If you suspect a child is being abused or neglected or if you suspect an adult in the community is being abused, neglected, or exploited, call the [Kansas Protection Report Center](#) 1-800-922-5330. In the event of an emergency, please contact your local law enforcement or call 911.

Consultation Lines for Medical Providers

Available consultation line services include: provider-to-provider psychiatric teleconsultation services, diagnostic support, treatment planning, and medication recommendations. Calls received after hours will be returned the next business day.

- **Perinatal Provider Consultation Line** 1-833-865-2004 is for health care providers treating pregnant and postpartum women with behavioral health concerns. Consultation Line staff are available on weekdays from 9:00 to 5:00.
- **KSKidsMAP Consultation Line** 1-800-332-6262 is for primary care physicians treating children or adolescents with behavioral health concerns. Consultation Line staff are available on weekdays from 8:00 to 5:00.

