

# RELEASING CASES AND CONTACTS FROM ISOLATION AND QUARANTINE

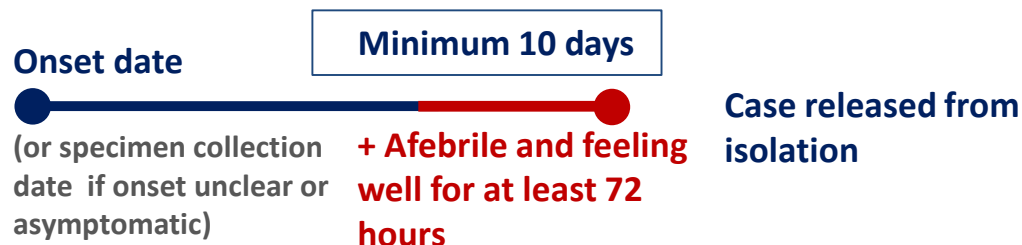
## CASES

Must be isolated for a minimum of 10 days after onset and can be released after afebrile and feeling well (without fever-reducing medication) for at least 72 hours, whichever is longer.

*Note: Lingering cough should not prevent a case from being released from isolation.*

### Examples:

- A case that starts to feel well on day 2, and remains afebrile and feeling well for 72 hours, can be released from isolation after day 10.
- A case that starts to feel well on day 7, and remains afebrile and feeling well for 72 hours, can be released from isolation after day 10.
- A case that starts to feel well on day 14, and remains afebrile and feeling well for 72 hours, can be released from isolation after day 17.



## HOUSEHOLD CONTACTS

Must be quarantined for 14 days after the case has been released from home isolation (because exposure is considered ongoing within the house).

If a household contact develops symptoms, they should be tested.

*This means that household contacts may need to remain at home longer than the initial case.*

### Examples:

- A case that started to feel well 3 days after onset required isolation until day 10; household contact must remain quarantined until day 24.
- A case that started to feel well 7 days after onset required isolation until day 10; household contact must remain quarantined until day 24.
- A case that started to feel well 14 days after onset required isolation until day 17; household contact must remain quarantined until day 31.



## NON-HOUSEHOLD CONTACTS

Must be quarantined for 14 days from the date of last contact with the case.

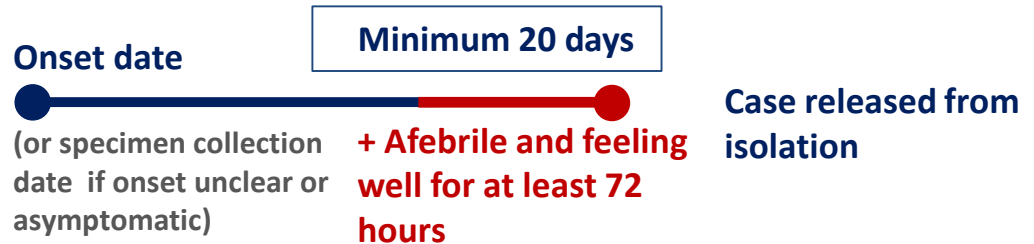


# RELEASING SEVERELY ILL CASES AND CONTACTS FROM ISOLATION AND QUARANTINE

Severely ill cases who require care in the ICU or who are severely immunocompromised

## CASES Who require ICU care or are severely immunocompromised

Must be isolated for a minimum of 20 days after onset and can be released after afebrile and feeling well (without fever-reducing medication) for at least 72 hours, whichever is longer.



*Note: Lingering cough should not prevent a case from being released from isolation.*

### Examples:

- A case that started to feel well on day 12, and remained afebrile and feeling well for 72 hours, can be released from isolation after day 20.
- A case that started to feel well on day 17, and remained afebrile and feeling well for 72 hours, can be released from isolation after day 20.
- A case that started to feel well on day 19, and remained afebrile and feeling well for 72 hours, can be released from isolation after day 22.

## HOUSEHOLD CONTACTS

Must be quarantined for 14 days after the case has been released from home isolation (because exposure is considered ongoing within the house).

If a household contact develops symptoms, they should be tested.



*This means that household contacts may need to remain at home longer than the initial case.*

### Examples:

- A case that started to feel well 12 days after onset required isolation until day 20; household contact must remain quarantined until day 34.
- A case that started to feel well 17 days after onset required isolation until day 20; household contact must remain quarantined until day 34.
- A case that started to feel well 19 days after onset required isolation until day 22; household contact must remain quarantined until day 36.

## NON-HOUSEHOLD CONTACTS

Must be quarantined for 14 days from the date of last contact with the case.

